

TALKING TO CHILDREN ABOUT Disabilities



Child Care
Resource and
Referral Network

Powered by **CHILD CARE
ANSWERS**

TALK about similarities, differences, and adaptability.

I like to play with cars, too!

How do like you play?

Give Space for Questions

Just ask!



If your child has a question while out in the community, ask the person, "Can my child ask you a question?"

LISTEN FOR QUESTIONS

Children may not know the questions to ask. Listen for their questions in their comments, play, and stories.



Model How to Help

If you see someone who may need help, ask:



"Do you need help?"

"How can I help?"



READ BOOKS

Spark conversations about disabilities by reading books.

Children's Books that Feature Characters with Disabilities



ENCOURAGE INDEPENDENCE

All young children are practicing independence skills. Encourage risk taking and have opportunities for your child to define their own independence.



LET US HELP!

We can provide one-on-one support, and we also help find child care. Go to bit.ly/ccafamilies to get in touch!

LEARN MORE!

Adopted from Jeremy Warriner a diversity, equity, inclusion consultant. Go to bit.ly/jeremywarriner to learn more!

